

Halesworth

User Instructions

Halesworth User Information
January 2005

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Introduction to the Halesworth chair

What is the Halesworth?

The purpose of the Halesworth is to provide a robust, durable chair that can withstand demanding and severe movements yet provide secure, comfortable seating with postural support.

Why is there a need for this type of chair?

The Halesworth is designed specifically for those with Huntington's Disease and other neurological conditions. The Halesworth has the capacity and comfort however to integrate into many caring environments including positioning and seating the frail elderly.

The ability of a seated person to function efficiently and perform activities depends on their ability to adopt the appropriate posture. All activity is posture dependent. If a person cannot move or has problems adjusting their posture, it may be necessary to use seating to try to provide externally what is limited internally.

Comfort and security underpins the Halesworth aiming to provide a robust, durable chair that can withstand demanding and severe movements yet provide a safe and relaxed seated position.

The Halesworth allows a good seated position for relaxing as well as for activities such as eating. It provides safe seating in a secure, robust, durable chair that can withstand demanding and severe movements. The steeply angled seat helps to prevent sliding even when movement is pronounced.

Who should consider using the Halesworth?

The Halesworth is for those with Huntington's disease and other neurological conditions as well as for more general nursing care. The Halesworth can be used within a variety of different environments including domestic homes, hospitals, hospices and nursing homes.

Halesworth Product Information

Range

- Halesworth with foam legrest and headcap
- Fixed Back Halesworth with foam legrest and headcap

Accessories

- Transflo pressure relief seat cushion (built-in)
- Ramped seat
- Push handle
- Fleecy liner
- Fleecy arm covers
- Lap-belt
- Lapstrap and D-Rings

Questions and Concerns

Should you experience any difficulties or have any concerns regarding the initial purchase or subsequently adjusting the Halesworth chair or have any concerns regarding its use or operation then immediately contact either your Kirton representative, distributor or our Customer Services Team on **Freephone 0800 212709** or **+44 (0) 1440 705352**, they will be delighted to help you.



Guidelines for Best Practice

To ensure good practice when considering purchasing a Halesworth chair and effective use post purchase we advise that the following guidelines are considered:

1. Seek advice and input from a qualified therapist/professional and/or Kirton representative/distributor at the initial prescription of the chair.
2. If unsure when ordering the chair and any accessories contact either the therapist involved or your Kirton representative or distributor or our Customer Services Team on **Freephone 0800 212709** or **+44 (0) 1440 705352** to discuss further.
3. It is recommended that following receipt of the chair all staff members that will be supervising the user(s) should be trained in adjusting the chair to ensure it is adjusted safely and correct positioning is maintained for the benefit of the user.
4. Users of the Halesworth should be supervised and checked regularly to ensure their most appropriate position is maintained in the chair.

The User Instructions

The purpose of the following user instructions is to provide a guide on how to utilise, adjust and maintain the Halesworth chair.

These instructions should be read by all those involved with the supervision of the user and/or the care of the chair before use.

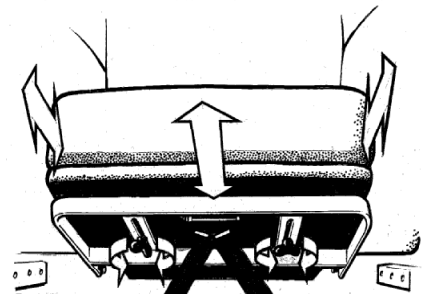
The Halesworth **must** be adjusted in terms of seat length and back angle positioning (not required for fixed back version) for each individual using the chair to ensure safe and comfortable use.

Please retain these instructions with the Care and Maintenance card enclosed for future reference.

Seat Length Adjustment

It is important to establish the correct seat length for each individual user of the chair particularly if the chair is being used without the foam legrest attached. A clearance of 25mm or one inch between the front of the seat cushion and the calf is desirable when the user's pelvis is firmly against the back of the seat, where possible.

- Make the seat length adjustment when the chair is unoccupied.
- To **adjust**, locate two white knobs under the seat of the chair go to the rear of the chair and undo the butterfly knobs under the seat. The seat should move freely, however lifting the seat slightly can ease this action.
- Set the required seat length and tighten both white knobs securely.
- After checking that the new seat length is suitable, ensure the knobs are tight and the seat does not move.



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Back Angle Adjustment **(not applicable to fixed back chairs)**

The back angle can be altered by utilising the gas action adjustment mechanism. This mechanism can be located at the rear of the chair housed in a spring clip or on the push handle if the push handle has been requested at time of order.

Adjustment of the back angle is useful for appropriate positioning for different activities such as reclining for relaxation and sleeping and raising at meal times or for recreational activities.

Ensure there is sufficient space behind the chair to freely recline without hitting anything and that hands are kept away from moving parts at the back.

- To adjust the back angle, detach the release handle on the back of the chair from its spring clip.
- Hold the top of the chair steady to prevent any sudden forward movement, then squeeze the release handle until the back has moved into the desired position and release the handle.
- When the adjustment is complete replace the handle in the spring clip.

Back Angle adjustment with Push handles

For users of the Halesworth fitted with the optional push handles, the release handle is situated on the left hand side grip handle.

- To effect the recline of the back squeeze the gas action lever towards the push handle and push downwards on the push handle until the desired position is achieved.
- To return the back to a more upright position, squeeze the gas action lever towards the push handle and gently guide the back to the desired position.

Always remember to check the positioning of the user regularly to ensure an appropriate position is maintained.

Stretching of the cable

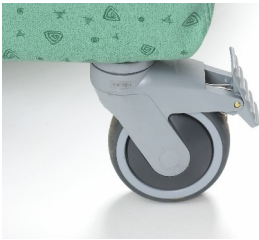
- After significant usage the lever action may become loose indicating that the cable has stretched.
- To tighten the cable loosen the small screw on the top of the lever and with pliers pull the visible cable through the lever slightly and retighten the screw.

Wheels

Halesworth chairs are fitted with 75mm wheels on both the chair and the legrest. At the rear of the chair the back two wheels are braked.

100mm wheels are available on request.

- To apply the brakes, press down on the front edge of the ridged pad on each wheel. The brakes should be applied during all transfer operations.



- To unlock the brakes, push down on the top edge of the ridged pad until it is level with the rest of the wheel.



- Always check that wheels are not locked before moving the chair.

Headcap

The headcap is a protective covering that slides over the top of the chair to cover the headrest area. The headrest must be removed before fitting the headcap over the top of the chair.

Legrest

- The legrest is fixed to the chair by securing the straps attached to the legrest through the buckles secured on the chair.
- Ensure that both buckles on both sides of the chair are always fastened when in use or required to avoid excessive strain and damage.



Lapstrap and D-Rings (accessory)

The lapstrap is used to help position the user with their pelvis in the back of the chair.

- To **attach** the lapstrap, clip the fastenings at the end of each strap onto the D-Ring straps that are located down both sides of the seat cushion.
- Undo the buckle joining the two halves of the strap and place the straps over the arms or to the side of the seat before transferring the user into the chair.
- When the user is seated, bring the two sides of the buckle together and fasten.
- Adjust the strap to give firm control but take care not to restrict user movement.



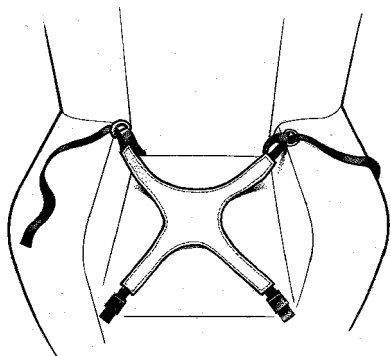
Lapbelt (accessory)

The Lapbelt is an alternative to the Lapstrap and D-Rings and helps to position the user in the back of the chair. Ideally the fixings for the Lapbelt and the Lapbelt itself will be fitted at time of manufacture however, can be fitted retrospectively by a trained representative.

- To use the Lapbelt effectively, undo the buckle joining the two halves of the strap by depressing the button on the central console and place the straps over the arms or to the side of the seat before transferring the user into the chair.
- When the user is seated, bring the two sides of the buckle together and fasten.
- Adjust the strap by pulling on the plastic loop to give firm control but take care not to restrict user movement.

Pelvic Positioner (accessory)

The pelvic positioner is used to help position those users who have low muscle control/tone with their pelvis firmly in the back of the chair.



- The chair should be unoccupied before fitting the Pelvic Positioner.
- Lay the positioner out flat.
- Place the positioner in the seat of the chair with the buckles pointing towards the chair front and the levers on the buckles facing down.
- Feed the lengths of the straps the D-Rings on either side of the seat cushion.
- Place the ends of the straps over the arms of the chair before transferring the user into the chair.
- Sit the user into the chair with their pelvis firmly back in the seat and their buttocks on the back edge of the harness.
- Bring the straps over the user's thigh and through the buckles on each end of the harness.
- Pull the straps tight and fasten down the levers on the buckles. The fit should be snug—not too tight and not too loose
- Ensure the user has an appropriate positioning. Check the user regularly to ensure positioning has been maintained.
- Never leave a user unsupervised once a Pelvic Positioner has been fitted.

Care and Maintenance

For recommended care, cleaning and maintenance, please refer also to the care and maintenance guidelines enclosed with your chair and the care label fixed to your chair.

- Wipe down framework with soapy water and a soft cloth.
- Check castors regularly for build up of fluff and dirt particles
- Cleaning with scouring pads is not advised.

Chieftain Vinyl – Cleaning Instructions

- Clean with a damp soapy cloth and rinse well with clean water. A soft brush can be used for heavy soiling.
- Do not use solvents, bleaches, abrasives, synthetic detergents, wax polishes or aerosol sprays.

Helpline

Should you have any concerns either pre or post purchase of the chair contact our Customer Services Team on **Freephone 0800 212709** or from outside the UK **+44 (0) 1440 705352** to discuss further. Alternatively, if you purchased your chair from a Kirton distributor in the first instance please contact your point of reference there.

If your call concerns a specific seating product or item of furniture please have ready your sales order number before you telephone. This can be located at the base of each chair and helps us identify your details and deal with your enquiry efficiently.

Potential Risks, Cautions and Warnings

- The user is at risk if the Halesworth is not specified and adjusted to their particular requirements.
- **Do not** allow the legrest to be used as a seat, nor allow the chair to be pushed along by it. Damage or injury could result to the chair or legrest, the user or the person sitting on the legrest or pushing the chair.
- **Do not** try moving the chair without first ensuring that all wheels are unlocked.
- **Do not** sit on the arms as this can cause damage to the covering and could make the stability of the chair unsafe.
- Users should be **regularly** checked and supervised when in the chair to mitigate the user moving or sliding into an inappropriate position.
- Users and carers should take care not to injure themselves on the legrest attachment buckles during entry or exit of the chair as the straps will hang from the legrest when not affixed to the chair.
- Users and carers should take care not to trap fingers down either the side of the chair or between the back and the seat module. Similarly, caution must be observed not to trap hands between the legrest and the chair when securing the legrest to the chair.
- If using any of the accessories such as a Pelvic Positioner, Lap-belt or Lapstrap the user should be regularly checked and supervised to ensure correct positioning is maintained.





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