

Stirling, KB11 & RSA

User Instructions

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Stirling, KB11 & RSA User Information

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Contents

Introduction to the Stirling, KB11 and RSA range
Stirling, KB11 and RSA Product Information
Guidelines for Best Practice
The User Instructions
Questions or Concerns

General Operation of the Stirling, KB11 and RSA range

Using the chair
Wheels
Laminated Tray
Lapstrap and D-Rings
Care and maintenance
Potential Risks, Cautions and Warnings
Helpline



Stirling



KB11



RSA

Introduction to the Stirling, KB11 & RSA chairs

What is the Stirling, KB11 & RSA chairs?

This range of chairs are specialist seating systems that provide comfort with significant postural support and pressure management.

Who should consider using the Stirling, KB11 and RSA chairs?

Designed for those seated for long periods, semi and non-ambulant users or for those with postural related problems, this range of chairs can be used within a range of different environments including domestic homes, hospital, hospice and nursing home environments.

Why is there a need for this type of chair?

The ability of a seated person to function efficiently and perform activities depends on their ability to adopt the appropriate posture. All activity is posture dependent. If a person cannot move or has problems adjusting their posture, it may be necessary to use seating to try to provide externally what is limited internally.

Achieving a good sitting posture is the result of a number of inter-related factors including:

- Appropriate seat height
- Appropriate armrest height
- Appropriate seat depth
- Appropriate seat angle
- Appropriate seat width
- Appropriate lumbar support

The Stirling, KB11 and RSA range of chairs have been designed to incorporate these values in a standard product yet provide the ability to tailor to specific needs at the time of manufacture thus fulfilling the need to maintain an individual's seated posture yet ensure comfort and support.

Stirling, KB11 & RSA Product Information

Range

- The Stirling with 75mm wheels and fleecy liner has a back height of 930mm and a seat to back angle of 104°
- KB11 with glides and fleecy liner has a back height of 760mm and a seat to back angle of 108°
- RSA with glides and fleecy liner has a back height of 810mm and a seat to back angle of 104°
- RSA Assessment chair with glides and fleecy liner has a back height of 810mm and a seat to back angle of 104°. Also, this chair includes 2 x 37mm side wedges, loose abduction block, seat/back wedge. Pelvic positioner, set of 3 footblocks, dacron filled weighted head support, 2 sets of D-Rings

Accessories

- Legrests—Fixed, Sliding and Type A
- Footblocks
- Headrests—Winged, Fixed, Dacron, Built-in, Head Roll
- Wedges—Side and Back
- Tray
- Push Handle
- Loose covers

Questions and Concerns

Should you experience any difficulties or have any concerns regarding the initial purchase or subsequently using any of the chairs or have any concerns regarding its use or operation then immediately contact either your Kirton representative, distributor or our Customer Services Team on **Freephone 0800 212709 or +44 (0) 1440 705352**, they will be delighted to help you.

The User Instructions

The purpose of the following user instructions is to provide a guide on how to utilise, adjust and maintain the Stirling, KB11 and RSA chairs.

These instructions should be read by all those involved with the supervision of the user and/or the care of the chair before use.

The Stirling, KB11 and RSA chairs must be adjusted, where applicable, in terms of accessories that may have been purchased with the chair for example, lapstraps, trays, wedges and headrests for each individual using the chair to ensure safe and comfortable use.

Guidelines for Best Practice

To ensure good practice when considering purchasing a Stirling, KB11 and RSA chair and effective use following purchase we advise that the following guidelines are considered:

- 1 Seek advice and input from a qualified therapist and/or a Kirton representative/distributor at the initial prescription of the chair.
- 2 If unsure when ordering the chair and any accessories contact either the therapist involved or your Kirton representative or distributor or our Customer Services Team on **Freephone 0800 212709 or +44 (0) 1440 705352** to discuss further.
- 3 It is recommended that following receipt of the chair all staff members that will be supervising the user(s) should be trained in adjusting the chair, where applicable, to ensure the chair is adjusted safely and correct positioning is maintained for the benefit of the user. This is of particular importance where the chair is to be used by several different users.
- 4 Users of the Stirling, KB11 or RSA should be regularly supervised to ensure their most appropriate sitting position is maintained in the chair.

Using the Stirling, KB11 and RSA chairs

The Stirling, KB11 and RSA chairs are manufactured to a standard pattern either with or without accessories.

Ideally accessories should be ordered at the time of manufacture, this is essential if D-Rings for Lapstraps and Pelvic Positioners are needed as well as Laminated Trays with velcro as these cannot be added post manufacture.

The user should **always** sit down gently into the chair. The arms are strong enough to push on to raise to standing but the arms should not be sat on.

Wheels

The Stirling is fitted with 75mm wheels that are braked at the rear of the chair.

- To **apply** the brakes, press down on the front edge of the ridged area on each wheel. The brakes should be applied during all transfer operations and when the chair is stationary.
- To **unlock** the brakes, push down the top edge of the ridged area on each wheel until it is level with the rest of the wheel.
- Always check the wheels are **not** locked before moving the chair.

Laminated Trays (accessory)

The tray rests across the two armrests of the chairs and is fixed in position by matching up the velcro on the underside of the tray with that positioned on the arms of the chair.

The tray must be removed before attempting to exit the chair.

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Lapstrap and D-Rings (accessory)

The lapstrap is used to help position the user with their pelvis in the back of the chair.

- To **attach** the lapstrap, clip the fastenings at the end of each strap onto the D-Ring straps that are located down both sides of the seat cushion.
- Undo the buckle joining the two halves of the strap and place the straps over the arms or to the side of the seat before transferring the user into the chair.
- When the user is seated, bring the two sides of the buckle together and fasten.
- Adjust the strap to give firm control but take care not to restrict user movement.

Lapbelt (accessory)

The Lapbelt is an alternative to the Lapstrap and D-Rings and helps to position the user in the back of the chair. Ideally the fixings for the Lapbelt and the Lapbelt itself will be fitted at time of manufacture however, can be fitted retrospectively by a trained representative.

- To use the Lapbelt effectively, undo the buckle joining the two halves of the strap by depressing the button on the central console and place the straps over the arms or to the side of the seat before transferring the user into the chair.
- When the user is seated, bring the two sides of the buckle together and fasten.
- Adjust the strap by pulling on the plastic loop to give firm control but take care not to restrict user movement.

Care and Maintenance

For recommended care, cleaning and maintenance, please refer also to the care and maintenance guidelines enclosed with your chair and the care label fixed to your chair.

- Wipe down framework with soapy water and a soft cloth.
- Check castors regularly for build up of fluff and dirt particles
- Cleaning with scouring pads is not advised.



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Helpline

Should you have any concerns either pre or post purchase of the chair contact our Customer Services Team on **Freephone 0800 212709** or from outside the UK **+44 (0) 1440 705352** to discuss further. Alternatively, if you purchased your chair from a Kirton distributor in the first instance please contact your point of reference there.

If your call concerns a specific seating product or item of furniture please have ready your sales order number before you telephone. This can be located at the base of each chair and helps us identify your details and deal with your enquiry efficiently.

Potential Risks, Cautions and Warnings

- The user is at risk if the Stirling, KB11 and RSA chairs are not properly specified and adjusted to their particular requirements.
- Users should be **regularly** checked and continuously supervised when using the chairs to mitigate the user moving or sliding into an inappropriate position.
- Do not sit on the arms of the chair as this will exert undue pressure on the structure of the chair over time and can cause damage to the covering. It may also make the stability of the chair unsafe.
- Do not move the chair whilst occupied unless push handles and a sliding footrest are in place.
- Always apply the brakes when an individual is using the chair to avoid any movement.
- Do not try moving the chair without first ensuring that all the wheels are unlocked.
- If a legrest has been accessorised with the chair, do not allow it to be used as a seat, nor allow the chair to be pushed along by it.
- If a footrest has been accessorised with the chair it should not be stood on as this may cause the chair to become unstable and tip forwards.